

21 APRIL 2026

Stockton-on-Tees Wellbeing Hub

Summary

The Committee will receive a presentation on the Stockton-on-Tees Wellbeing Hub.

Detail

1. The Stockton-on-Tees Wellbeing Hub, based in Wellington Square, is a one-stop shop for advice, guidance and support relating to any wellbeing issues. Open in July 2024 (<https://www.tevv.nhs.uk/new-wellbeing-hub-opens-for-stockton-on-tees-residents/>), the Hub brings together a range of expertise and organisations under one roof, making it easier for people to access local help and support.



The Hub offers support with employment, money, housing, isolation, loneliness and mental health, bereavement, or drug and alcohol support. Further information can be accessed via <https://www.stocktonwellbeinghub.org/>.

2. Now the Hub has become established, an approach was made to Catalyst (a charity which acts as the overarching body to further the impact, reputation and opportunities of the voluntary, community and social enterprise (VCSE) sector within the Borough, and which leads on the Hub project) for an update on its achievements since opening. Information was requested on the following:

- Brief overview of the original aims / objectives of the Hub, including when it opened, where it is, and which organisations are involved.
 - What have been the main changes in the way it operates over time (including any partners who are no longer involved)?
 - How is the Hub promoted?
 - How many people have accessed / are accessing the Hub and for what reason/s (including any data that can evidence this)?
 - Key achievements, including the impact the Hub is having on the local population.
 - Working with partners – is this effective; are there any areas / relationships which could be improved?
 - Any developments planned for the future?
3. A presentation has been prepared in advance and is included within these meeting papers. The Wellbeing Hub Project Manager is scheduled to be in attendance to provide a summary and address any Member comments / questions.

Name of Contact Officer: Gary Woods

Post Title: Senior Scrutiny Officer

Telephone Number: 01642 526187

Email Address: gary.woods@stockton.gov.uk